

**DUTY STATEMENT**  
DSH3002 (Rev. 03/2024)



California Department of  
**State Hospitals**

*Box reserved for Personnel Section*

|                                                                                                                   |                                                           |                                  |                         |              |
|-------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|----------------------------------|-------------------------|--------------|
|                                                                                                                   | <b>RPA #</b>                                              | <b>C&amp;P Analyst Approval</b>  | <b>Date</b>             |              |
| <b>Employee Name</b>                                                                                              | <b>Division</b><br>Department of State Hospitals – Patton |                                  |                         |              |
| <b>Position No / Agency-Unit-Class-Serial</b><br>502-341-8277-XXX                                                 | <b>Unit</b><br>Medical Services Department                |                                  |                         |              |
| <b>Class Title</b><br>Physical Therapist II                                                                       | <b>Location</b><br>P.O.S.T Clinic                         |                                  |                         |              |
| <b>Subject to Conflict of Interest</b><br><br><input type="checkbox"/> Yes <input checked="" type="checkbox"/> No | <b>CBID</b><br><br>R19                                    | <b>Work Week Group:</b><br><br>E | <b>Pay Differential</b> | <b>Other</b> |

**MAJOR TASKS, DUTIES, AND RESPONSIBILITIES**

Under the clinical and administrative direction of the P.O.S.T. Coordinator, Supervising Registered Nurse, and the Medical Services Administrator, the Physical Therapist II provides comprehensive physical therapy evaluation and treatment to individuals at Patton State Hospital. The incumbent ensures safe, effective, and evidence-based rehabilitation care in collaboration with medical, nursing, and allied health disciplines. consistent with hospital policies, professional standards, and applicable laws and regulations.

|     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 50% | <b>Clinical Evaluation and Treatment</b> <ul style="list-style-type: none"> <li>Plans, coordinates and provides physical therapy services for individuals at Patton State Hospital in collaboration with a Medical Doctor, Psychiatrist, and/or Wellness Recovery Team Leader. Performs physical therapy evaluations for assigned caseloads and develops individualized treatment plans based on evaluation findings and physician orders.</li> <li>Provides therapeutic interventions to restore or improve functional mobility, balance, strength, coordination, and independence in activities of daily living. Consults and collaborates with physicians, nursing, rehabilitation, and interdisciplinary staff to ensure continuity of care.</li> <li>Educates patients and staff on safe exercise programs and preventive practices.</li> <li>Provides appropriate supervision to Occupational Therapists and Physical Therapist Assistants. Therapy Aides, and Student Interns as applicable.</li> </ul> |
| 30% | <b>Administrative, Documentation, and Coordination</b> <ul style="list-style-type: none"> <li>Prepares clinical documentation reflecting treatment goals, progress, and outcomes in accordance with departmental and hospital standards.</li> <li>Participates in interdisciplinary treatment planning, staff meetings, and in-service education.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                   | <ul style="list-style-type: none"> <li>Assists the P.O.S.T. Coordinator, SRN, and Medical Services Administrator with data collection, quality assurance activities, and program reporting.</li> <li>Ensure all physical therapy, equipment and supplies are properly maintained, calibrated and stored.</li> <li>Maintains professional competency through ongoing education and training consistent with licensing requirements.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| 15%               | <b>Training, Safety, and Quality Improvement</b> <ul style="list-style-type: none"> <li>Provides in-service training and clinical instruction for staff, students, and other disciplines.</li> <li>Participates in quality-improvement initiatives to enhance patient outcomes and departmental efficiency.</li> <li>Applies infection-control and safety practices in all clinical settings.</li> <li>Supports hospital initiatives related to patient safety, emergency preparedness, and performance improvement.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| 5%                | <b>Other Related Duties</b><br>Performs other related duties as assigned to ensure continuity of care and meet operational needs of the Medical Services Department.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Other Information | <b>SUPERVISION RECEIVED</b><br>Receives clinical supervision from the P.O.S.T. Coordinator and the Supervising Registered Nurse, and administrative supervision from the Medical Services Administrator. Receives overall supervision from the Chief Physician and Surgeon or designee.<br><b>SUPERVISION EXERCISED</b><br>May provide direction and supervision to subordinate staff including Occupational Therapists, Physical Therapy Assistants, Therapy Aides, and Students regarding work assignments, performance, and development.<br><b>KNOWLEDGE AND ABILITIES</b><br><b>Knowledge of:</b> <ul style="list-style-type: none"> <li>Professional physical therapy evaluation procedures, principles, and treatment techniques.</li> <li>Neuromuscular and musculoskeletal anatomy, kinesiology, and physiology.</li> <li>The construction, application, and use of adaptive devices and therapeutic equipment.</li> <li>The physical and psychological problems of persons with mental illness or developmental disabilities.</li> <li>Recordkeeping, documentation, and departmental procedures.</li> </ul> <b>Ability to:</b> <ul style="list-style-type: none"> <li>Plan and conduct physical therapy treatment programs.</li> </ul> |

- Instruct patients, staff, and students in physical therapy techniques.
- Analyze, record, and interpret patient responses to treatment.
- Communicate effectively and work collaboratively within a multidisciplinary team.
- Maintain professional demeanor and confidentiality.

## **REQUIRED COMPETENCIES**

**INFECTION CONTROL** - Applies knowledge of correct methods for controlling the spread of pathogens appropriate to job class and assignment.

**SAFETY** - Actively supports a safe and hazard free workplace through practice of personal safety and vigilance in the identification of safe or security hazards. This includes familiarity with the Patient Safety Plan.

**DIVERSITY, EQUITY, AND INCLUSION** - Demonstrates awareness of cultural humility in the workplace to promote fair treatment among fellow staff and patients.

**PRIVACY AND SECURITY OF PROTECTED HEALTH INFORMATION** - Maintain and safeguard the privacy and security of patient's protected health information (PHI) and other individually identifiable health information (IIHI) whether it is in paper, electronic, or verbal form in compliance with HIPAA and all other applicable privacy laws.

**THERAPEUTIC RELATIONSHIPS/ RELATIONSHIP SECURITY** - Demonstrate professional interactions with patients and maintain therapeutic boundaries. Maintains relationship security in the work area; takes effective action and monitors, per policy, any suspected employee/patient boundary violations.

**CPR** • Maintains current CPR, BLS

**AGE SPECIFIC** - Provides services commensurate with age of patients/clients being served. Demonstrates knowledge of growth and development of the following age categories. Age categories are noted in parentheses.

☒ Pediatric (17-29) ☒ Adolescent (30-50) ☒ Adult (51-79) ☐ Geriatric (80+)

**MANAGEMENT OF ASSAULTIVE BEHAVIOR** -Applies and demonstrates knowledge of) Therapeutic Strategies and Interventions and Therapeutic Options when managing assaultive behavior.

**RESTRAINT/SECLUSION** - Demonstrates knowledge of criteria and appropriately uses, applies, and removes restraint and/or seclusion.

**CULTURAL AWARENESS** - Demonstrates awareness of multicultural issues in the workplace which enable the employee to work effectively.

**SITE SPECIFIC COMPETENCIES**

- Competencies related to the care of medically fragile individuals
- Competencies related to the treatment of physically and mentally disabled individuals
- Competencies related to geriatric individual population

**TECHNICAL PROFICIENCY (SITE SPECIFIC)**

- Demonstrates computer skills (Word, Excel, Access)
- Demonstrates competency in the use of Ultrasound
- Demonstrates competency in the use of lumbar and cervical traction machine
- Demonstrates competency in the use of Interferential current and TENS units
- Demonstrated competency in repair of walkers, crutches
- Demonstrates competency in the maintenance of Hydrocollator

**RESPONSIBILITY FOR DECISIONS AND CONSEQUENCE OF ERROR**

Work is performed independently within established guidelines and professional standards. Errors in judgment, treatment, or documentation may result in substandard care, injury, or harm to patients or staff. Failure to respond promptly and appropriately to a medical or psychiatric emergency may result in physical and/or psychological harm to individuals and/or staff.

**LICENSE OR CERTIFICATION**

Employees in this classification must possess a current and valid license to practice as a Physical Therapist in the State of California.

**TRAINING**

Maintains current competency and participates in mandatory and ongoing training required by Patton State Hospital, including annual performance reviews, infection control, safety, and emergency preparedness training.

**WORKING CONDITIONS - EMPLOYEE IS REQUIRED TO:**

- Report to work on time and follow procedures for reporting absences.
- Maintain a professional appearance.
- Appropriately maintain cooperative, professional, and effective interactions with employees, patients/clients, and the public.
- Comply with hospital policies and procedures.

The employee is required to work any shift and schedule in a variety of settings and security areas throughout the hospital and may be required to work overtime and float to other work locations as determined by the operational needs of the hospital. All employees are required to have an annual health review and repeat health reviews whenever necessary to ascertain that they are free from symptoms indicating the presence of infection and are able to safely perform their essential job functions.

I have read and understand the duties listed above and I can perform these duties with or without reasonable accommodation. (If you believe reasonable accommodation is necessary, discuss your concerns with the Office of Human Rights).

\_\_\_\_\_  
Classification  
(Employee Signature)

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

I have discussed the duties of this position with and have provided a copy of this duty statement to the employee named above.

\_\_\_\_\_  
Classification  
(Supervisor Signature)

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Classification  
Reviewing Supervisor Signature

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Date