DEPARTMENT OF DEVELOPMENTAL SERVICES
STATEWIDE CLINICAL SERVICES DIVISION
STATE OPERATED FACILITIES BRANCH
STABILIZATION TRAINING ASSISTANCE RE-INTEGRATION (STAR)
CRISIS ASSESSMENT STABILIZATION TEAM (CAST)

DUTY STATEMENT

EMPLOYEE:

JOB TITLE: PSYCHIATRIC TECHNICIAN INSTRUCTOR

POSITION : 472-704-8226-XXX

POSITION DESCRIPTION: Under general direction, The Psychiatric Technician (PT) Instructor assesses, interprets, develops plans, and evaluates outcomes of referrals to STAR Crisis Assessment Stabilization Team (CAST) and residential services. Provides on-site direct care, modeling, coaching, instruction, and training on best practice standards of care, individualized nursing care, and behavioral support plans to caretakers/direct care staff and individuals in community settings, such as individuals' homes, hospital or psychiatric settings, following established standards and procedures of the STAR residential and CAST mobile crisis services. Maintains credentials in required Psychiatric Technician training. Actively participates as part of the Inter-Disciplinary Team (IDT) at weekly STAR meetings, monthly Individual Program Plans (IPP), Psychotropic Drug Reviews, and CAST meetings. The PT Instructor is a mandated reporter of observed or suspected abuse or neglect.

SUPERVISION EXERCISED: None.

SUPERVISION RECEIVED: Unit Supervisor and/or Program Director

EXAMPLES OF DUTIES: Maintains a safe and therapeutic environment which ensures respect, dignity and protects privacy, rights, confidentiality and physical/emotional well-being of all individuals. This essential function will be ongoing when performing the following duties:

Essential Job Functions:

60% Assists CAST in assessment and interventions for CAST referrals, including reviewing STAR mobile crisis referral information in collaboration with CAST; providing on-site (e.g., community homes, hospitals, psychiatric settings), videoconference, or telephone assessment and support; providing written and verbal recommendations, coaching, and training to providers, Regional Center representatives, direct care staff, and individuals; delivering on-site (e.g., community homes, hospitals, psychiatric settings), videoconference, or telephone direct care support, modeling, coaching, instruction, and training with individuals and their caretakers/direct care staff in community and hospital settings; documenting services provided; assisting CAST in monitoring individuals referred to Mobile Crisis; and participating in the evaluation of educational programs and in the development of educational policies.

15% Provides training, supervision, and maintenance of curriculum for STAR staff and CAST staff on trainings required for Psychiatric Technicians, including CPR/BLS instruction to provide class instruction and skills evaluation in accordance with American Heart Association guidelines for Basic Life Support and Heartsaver courses; training STAR curriculum, including positive behavioral supports, trauma-informed care, certified self-defense techniques, and hands-on interventions; training new employee and PTA in-services; providing tutoring for sponsored students as needed; and delivering additional classes and evaluations to maintain licensing regulations, per request.

15% Responds to medical and behavioral emergencies that involve the use of medical and behavioral intervention techniques and attends and participates in training as required. Participates in training and clinical supervision to obtain and maintain requirements for the Registered Behavior Technician certification in accordance with Behavior Analyst Certification Board (BACB) requirements. May be reassigned to STAR residences or projects to meet legitimate operational needs. Provides direct care to STAR residents, including assisting with meal preparation and cooking, cleaning rooms, and following all Health Care Objectives and Plans (HCOPs), Behavior Support Plans (BSPs), and activity and training schedules, while completing all required documentation for direct care staff and providing interventions that ensure the safety of both individuals and staff. Monitors emergency equipment, medication, and treatment supplies. Competently uses de-escalation, self-defense, and hands-on techniques to manage individuals' assaultive behaviors; and attends shift and facility meetings. Drives to different locations, including individuals' homes to complete assessments and assist with CAST services.

Marginal Job Functions:

5% Maintains certification in all trainings required for Psychiatric Technicians, including CPR, self-defense, and hands-on techniques.

5% Other duties as assigned within the scope of the classification.

WORKING CONDITIONS: On-going interaction with individuals with developmental disabilities and severe psychiatric and behavioral conditions at STAR residence and in community settings, such as individuals' homes, hospital or psychiatric settings. Potential exposure to communicable diseases, blood-borne pathogens, medicinal preparations, and other conditions common to a clinical nursing environment. May be required to travel to locations throughout Northern California (for N. STAR) and Southern California (for S. STAR) with possible overnight stays. Works extended hours and/or varying shifts and/or at various sites as needed to meet staffing requirements; including working mandatory overtime as needed.

DESIRABLE QUALIFICATIONS:

Knowledge of: Cultural sensitivity for the population being served, positive behavioral supports, trauma informed care, coaching skills training, person-centered practices, and utilize less restrictive techniques to behavioral issues. The PT Instructor is highly preferred to have at least six months' prior experience providing direct care to individuals with developmental disabilities who have challenging behavior service needs.

Ability to: Possess and maintain sufficient strength, agility, endurance, and sensory ability to perform the duties contained in this duty statement; work with individuals with developmental

disabilities (e.g. autistic spectrum disorder, intellectual disability) and severe behavioral (e.g. aggression, self-injurious behavior, property destruction, and elopement) and psychiatric conditions and symptoms (e.g. psychosis, mood disorders, PTSD, and suicidal ideation); lift 100 pounds with assistance; complete and demonstrate competency in all required training and perform self-defense and hands-on intervention training, including two-person wall containment with resistive individuals up to 350 lbs. for up to 10 minutes; able to safely contain one limb of a combative individual up to 5 minutes; push/pull/lift up to 50 lbs. (including laundry or medication carts); quickly respond to alarm within 200 feet (may occur several times daily) in interior of building; able to run 100 yards; assist an individual to a standing position up to 350 lbs.; bend/squat up to 5 minutes; demonstrate the ability to provide positive behavioral supports with person-centered practices with individuals with developmental disabilities and work collaboratively with a team; and possess excellent oral and written communication and interpersonal skills.

CERTIFICATION OR LICENSE: Become a Registered Behavior Technician within 12 months of initial employment or be a qualified behavior modification professional. Responsible for obtaining required continuing education units (CEUs) for license renewal and attending mandatory facility training (e.g., CPR, behavioral strategies, emergency response).

Employee Name (Print)	Employee Signature	Date

Supervisor Name (Print)	Supervisor Signature	Date

Employee and Supervisor acknowledge that by signing this Duty Statement that they have discussed and agree to the expectations of the position.